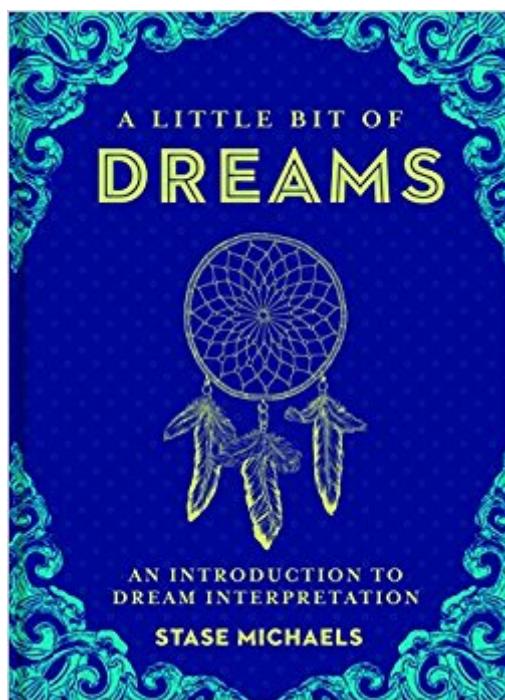


The book was found

A Little Bit Of Dreams: An Introduction To Dream Interpretation



Synopsis

Stase Michaels draws on a lifetime of experience as a dream analyst and three degrees in psychology to lead you through the magical forest of dream interpretation. In this eclectic, in-depth look at dreaming, she explores how dreams happen and why they are a reliable source of self-knowledge. Michaels also delves deeper, explaining the five simple steps that help beginners understand dream technique; she also provides information on nightmares, dreams about friends and family, and mystical experiences that occur in the guise of dreams.

Book Information

Hardcover: 128 pages

Publisher: Sterling Ethos (January 20, 2015)

Language: English

ISBN-10: 1454913010

ISBN-13: 978-1454913016

Product Dimensions: 5 x 0.5 x 7 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 9 customer reviews

Best Sellers Rank: #397,956 in Books (See Top 100 in Books) #260 in Books > Health, Fitness & Dieting > Mental Health > Dreams #1825 in Books > Religion & Spirituality > New Age & Spirituality > Mental & Spiritual Healing #31113 in Books > Self-Help

Customer Reviews

Stase Michaels is the author of two dream books: More Meanings of Your Dreams (Ottenheimer) and the Bedside Guide to Dreams (Ballantine/Random House), which has gone through three editions and been in print for over 17 years. Michaels has three degrees in psychology, has presented seminars across the US and Canada, and hosted a prime-time radio program on dreams and mystical topics. She runs an interactive website called interpretadream.com that provides both free and professional dream analysis, complete dream information, and a searchable Library of Dreams. Michaels lives in VA.

This book was bought as a present for my sister. I bought it used and when it arrived it was in perfect condition! I can say she has gotten a lot of use out of it so far, and has been able to say she loves what she has learned!

This is an informative little hardcover book. Goes into every aspect of dreams. Very good, interesting, learned a lot.

A quick read full of depth, plus helping one understand what dream interpretation really is.

Delightful!

very nice to read!

The dream lists are very short and it's a bit of a turn off that she used a few pages up to push her paid class on the reader, but it still has helped solved a dream riddle before.

Do you want to understand yourself more? Stase Michaels knows the way. I've never seen anyone explain what a dream actually is in such a detailed way. By reading this book you will find out what dreams actually are and how they can help you to live a better life. This book contains advice on how to record your dreams and it explains a few common dream symbols. I also thought the discussion on nightmares was very interesting. This book is beautifully designed and it helped me figure out why I was having reoccurring dreams for so long. So this book really is a good guide to solving long term dream problems. The only thing is in Stase Michaels introduction she mentions a psychic. I'd be careful about reading his books and don't recommend them. But this book is great. ~The Rebecca Reviewer received one free book for review purposes.

Small book you can't use it for a coffee table

AUTHOR REFUTES A FALSE CLAIM. A reviewer above was mistaken when they said, "...she used a few pages up to push her paid class on the reader". This is the author. I mention my website a few times in the book - Interpretadream.com - which offers FREE sample dream analysis. No way were a few pages of the book used to push a paid class on the reader. Understanding dreams is a passion; I know how helpful a dream message can be and it gives me great joy to share insights. SHARING is what the book is all about - and only that.

[Download to continue reading...](#)

Dreams: Discover the Meaning of Your Dreams and How to Dream What You Want - Dream Interpretation, Lucid Dreaming, and Dream Psychology (+BONUS) (Dream Analysis, Dream Meanings, Lucid Dream) A Little Bit of Dreams: An Introduction to Dream Interpretation Dreams:

Interpreting Your Dreams and How to Dream Your Desires- Lucid Dreaming, Visions and Dream Interpretation (Dreams, Lucid dreaming, Visions,) Dreams: Find Out All About Your Dreams For Greater Happiness And Success: Dreams & 9 Free Books (Dreaming, Dreams, Interpreting Dreams, Dream Meanings) Dreams: Learn How To Interpret Your Dreams And Discover The Magic And Beauty Behind Them (Dream Interpretation - The Secrets Behind You Dreams- Sleep Psychology) Nora Roberts Dream Trilogy CD Collection: Daring to Dream, Holding the Dream, Finding the Dream (Dream Series) Bit by Bit: How Video Games Transformed Our World Diary of an 8-Bit Warrior: Crafting Alliances (Book 3 8-Bit Warrior series): An Unofficial Minecraft Adventure Diary of an 8-Bit Warrior: From Seeds to Swords (Book 2 8-Bit Warrior series): An Unofficial Minecraft Adventure Dreams: The Hidden Meaning And Interpretations Behind Your Dreams (Dream Interpretation - Learn About What Goes on Inside Your Head While You Sleep) Dream Journal Workbook: A Beginner's Guided Dream Diary for Lucid Dreaming and Dream Interpretation Dream Journal: Dream Interpretations, Dream Meanings & Dream Analysis You Can Do Each Day to Finally Understand Your Subconscious SIGMUND FREUD 7 BOOK PREMIUM COLLECTION: General Introduction To Psychoanalysis; Totem And Taboo: Interpretation Of Dreams; Dream Psychology; and many more (Timeless Wisdom Collection 626) EKG: EKG Interpretation Made Easy: A Complete Step-By-Step Guide to 12-Lead EKG/ECG Interpretation & Arrhythmias (EKG Book, EKG Interpretation, NCLEX, NCLEX RN, NCLEX Review) A Little Bit of Tarot: An Introduction to Reading Tarot A Little Bit of Chakras: An Introduction to Energy Healing Understand Your Dreams Now: Spiritual Dream Interpretation Dreams: The All-In-One Guide for Dream Interpretation and Lucid Dreaming to Uncover the Power of Your Subconscious Mind Little Bear Audio CD Collection: Little Bear, Father Bear Comes Home, Little Bear's Friend, Little Bear's Visit, and A Kiss for Little Bear A Little Bit Like Love (South Haven Book 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)